



The Foreside Community Church United Church of Christ

February 2024

Connecting to God ~ Nurturing Community ~ Discovering how our Lives Make a Difference



The Green Team Series “More Ways to **Love** the Earth” opens to a full room.
See page 8 and 9 for more details on this presentation, and future events.

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Pastoral Notes

Practicing Lent - “Stretching Towards Grace”

Since the earliest days of the church, Lent (starting February 14th this year) has been considered a season of readying and preparing the individual and the community to make or renew our commitments to be a people living by the light of Easter dawn. It has been a season of learning, practicing, and being shaped to help us understand our place in the mysteries of the life of Christ and the community we share it in.

For long stretches of time, Lent has been associated with a kind saccharine version of “giving things up.” Some years back, I noticed I started hearing more of habits people were *adding* for Lent.

Do you have a spiritual practice? Even if your default answer is no... Is there a practice of your life which—if you really think on it—actually engages your spirit? Could you add or alter that for Lent to deepen your experience of the season?

Years ago I had a minor injury to my knee after a fall that lingered and spread to neighboring muscles. The prescription that came back from the doctor was one familiar to many: head to physical therapy.

Anyone who has had the same prescription can tell you what that entails: the humbling experience of realizing activities you once gave no thought to now require practice, training, and preparation. You’ll never so much dread the sight of a rubber band and a single stair as you find exciting new ways to break a sweat doing things that you thought were simple... but you’ll often learn new things about the mechanics of our bodies and how they are put together and operate.

So in preparation for Lent, I’ve been thinking about what I learned about stretching, walking, standing and what they could teach us about the spiritual preparation we often associate with Lent, maybe a bit beyond the “what are we giving up” frames we sometimes use in the season.

Practices that came naturally for us in the past can now require thoughtfulness, preparation, and stretching. I know this is not a shock to people who have been more attuned to their bodies and the realities of aging, but it was new to me. In our spiritual practices: of prayer, or reflection, of ser-

vice for others what used to be easy to jump into may need some thoughtfulness in how we enter into it. Do we need to center or care for ourselves before offering care to others? Do we need to disconnect from the busyness of our days before we can truly have quiet reflection time?

Better to start incredibly small and slowly build up than to reach for a lofty goal and end up dispirited or, worse, injured again. I don’t mean to belittle sincere attempts at making a change in our habits, but I do wonder at our instinct to make bold proclamations for ourselves that lead us to disappointment and disillusionment in our capacity for change. Creating a prayerful practice of one minute a day is better than failing to make it through a new 30-minute meditation practice on day one and berating ourselves for the rest of the season.

The body is a balance: it is possible to have pain in a well-trained and strong muscle if the muscles for nearby and reciprocal movements are weak. My body eventually let me know that only training it to run forward was not enough: muscles and movements outside of that one activity were essential to build up strength that would serve me in motion and at rest. If you have always had a gift and call for serving others, or instead always found peace and meaning in silent prayer... are you staying open to practices which might be just around the corner that could offer new strength? A practice of listening which empowers service, or singing which gives new color to the silence?

Training is important, but so is play. Suffice to say, if we never get to enjoy the gifts of life, of body, heart, mind, and spirit... what exactly are we working towards? This life we share is good news, and it is a joy... it is a spiritual practice to revel in the joy of life, too.

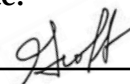
(cont. next page)

(Pastoral Notes cont.)

Too often, we have interpreted the invitation of Lent as a challenge... one of "making ourselves holy enough." Sometimes, I wonder if, given what we say we believe about Christ's longing for healing and reconciliation, the challenge is this: to stretch our own compassion and understanding in such a way to prepare us to more fully receive the grace and love we have already been given. I hope above all, that in this season of Lent you find yourself called to new freedom of movement in the spirit, new balance in your life's efforts, and new strength to stand where you are called to love and serve.

A Practical Christianity - Lenten Reflection Series

Join Pastor Geoff at 6:30 p.m. on Wednesdays after Evening Prayer (February 21 - March 20) for a Lenten reflection series. We'll read through *A Practical Christianity: Meditations for the Season of Lent* by The Rev. Dr. Jane Shaw. Do we participate in a life of faith of "right thinking?" Or of "right doing?" If we have often thought that Christianity asked us to assent to certain thinking as the beginning of faith, what might change for us if we return to *practice* as the start, allowing our hearts, our spirits,—and, yes, our thinking—to be shaped by the activities and habits of our faith? **Please let me know if you'd like to participate!**
gparker@foresidechurch.org



Lenten Services

The Selfish Giant - Sunday, February 11th

The Selfish Giant is a fable written by Oscar Wilde in 1888. It tells of a Giant who refuses to let children play in his garden until his heart is changed by an encounter with a strange little boy. With Christian overtones and a lyrical style, the story has been beloved by hearers young and old for generations. In the early 20th century, the narrative was set to incidental music by Liza Lehmann. Jim Gertmenian (reader) and Dave Bartoletti (pianist) will share this wonderful tale during worship on February 11.

Ash Wednesday - Wednesday, February 14th

We gather at 6:00 p.m. for the beginning of the season of Lent, sharing in the imposition of ashes, marking ourselves with the reminder of the fragility of human life, the certainty of God's grace, and the power of the Holy Spirit to work even the dust of our lives towards God's promises of wholeness and love.

WRITING WORKSHOP ON LENTEN THEMES

What has to die or be set aside for us to truly thrive? How does allowing ourselves to be empty and attentive encourage new growth? What choices offered us tempt us to live as less than our higher selves? How can we commit to honoring and offering our particular gifts so they can contribute to healing the world's ills? These are some of the questions the Lenten season poses to us. We will read poems by other poets that deal with these themes (and others), discuss the effectiveness (or not!) of how they are made, and let parts of these poems act as springboards for our own work. Those who wish to share what they have written with the group will be given the opportunity, but sharing is not a requirement.

We will meet from 10:45 a.m. -12:30 p.m. on three Sundays: February 18, 23, and March 3.

Please contact Geoff at gparker@foresidechurch.org to register in advance.

Susan Deborah King, MDiv has published seven books of poetry and edited two anthologies. Following a stint as a parish minister, she has led retreats on creativity and spirituality and taught creative writing in many different institutions for people from elementary school age to all ages that follow. She lives in Cumberland Foreside and on Great Cranberry Island with her husband, James Gertmenian.

Greetings:

I wanted to take a moment to thank everyone in this congregation for all of their wonderful support; cooking and serving food, sending cards, offering prayers and providing hugs when my husband, Jay Nash passed away in November. I am also grateful for Geoff, David and Christina who made a very difficult situation much easier through all of their assistance. It is so very difficult to lose a loved one. I am profoundly grateful for all that everyone did for me and my family. I truly felt like a part of a wonderful, warm community that wrapped my family in a big hug. We all felt so very loved. I am not sure how we would have gotten through all of this without your support. It meant a great deal to all of us.

Having a special church family is a joy in my life. I am blessed and I know it. I know that Jay was up there somewhere with a big smile on his face. He loved his church community and was so proud to be a part of it. Thank you so much. This is a wonderful community.

Lisa

Worship in the sanctuary...

...and attendance on Sundays is open to all with the following protocols in place:

- Mask wearing is voluntary (a supply can be located in the narthex).
- We ask households to give each other good social distance.
- Windows will be opened enough to increase ventilation.
- Worship continues to also be live-streamed for attending convenience by going to:

[https://www.youtube.com/
ForesideCommunityChurch](https://www.youtube.com/ForesideCommunityChurch)

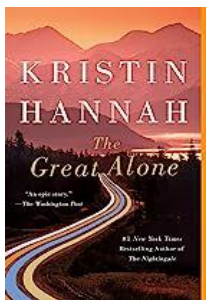
Bulletins for each service, including words to that day's hymns are also posted at the above website address.

On the road and missing a sermon? Want to go back and revisit any one sermon? Want to share a sermon with a friend or family member? Pastor Geoff's sermons in both written and audio form from May 2019 to the present (minus "Prayers on the Patio" can be viewed and/or heard on FCC's website at:

[http://www.foresidechurch.org/
index.php/category/sermons/](http://www.foresidechurch.org/index.php/category/sermons/)

UPDATES, REPORT OUTS, AND UPCOMING EVENTS

The Foreside Book Club had a very thought-provoking Zoom discussion around the themes of survival, civilization, and art as portrayed in the book Station Eleven by Emily St. John Mandel for our January book.



We will be switching gears from a post-apocalyptic story to a more upbeat story for February when we will be talking about The Great Alone by Kristin Hannah. Summary follows:

“Ernt Allbright, a former POW, comes home from the Vietnam war a changed and volatile man. When he loses yet another job, he makes an impulsive decision: he will move his family north, to Alaska, where they will live off the grid in America’s last true frontier.

Thirteen-year-old Leni, a girl coming of age in a tumultuous time, caught in the riptide of her parents’ passionate, stormy relationship, dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Her mother, Cora, will do anything and go anywhere for the man she loves, even if it means following him into the unknown.

At first, Alaska seems to be the answer to their prayers. In a wild, remote corner of the state, they find a fiercely independent community of strong men and even stronger women. The long, sunlit days and the generosity of the locals make up for the Allbrights’ lack of preparation and dwindling resources. But as winter approaches and darkness descends on Alaska, Ernt’s fragile mental state deteriorates, and the family begins to fracture. Soon the perils outside pale in comparison to threats from within. In their small cabin, covered in snow, blanketed in eighteen hours of night, Leni and her mother learn the terrible truth: they are on their own. In the wild, there is no one to save them but themselves.

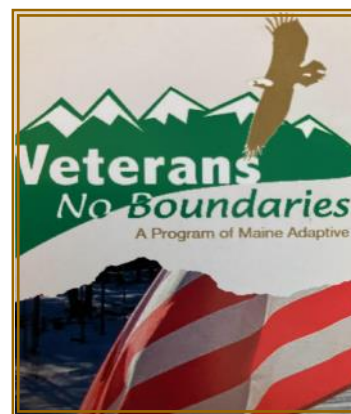
In this unforgettable portrait of human frailty and resilience, Kristin Hannah reveals the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska—a place of incomparable beauty and danger. The Great Alone is a daring, beautiful, stay-up-all-night story about love and loss, the fight for survival, and the wildness that lives in both man and nature.”

This discussion will be held on February 21 at 4:00 p.m. by Zoom. A link will appear in the weekly update. Of course, you are all welcome to join in any time for an hour of friendly conversation and book talk. FMI: mimi-hinkel@gmail.com.



Family Promise Update

There are some new volunteer activities available with FP. Food Distribution and Deliveries. Volunteers help organize and pack the food. This involves taking a food order slip and filling grocery bags based on the order form. The second piece is the deliveries. Volunteers are assigned families and bring the food to them. We can choose which activity or do both! The other task that needs volunteers is writing Thank You cards. No lifting or driving. If you are interested please call or text Catherine Hannon - 415-3309



The Justice & Outreach Ministry has a special guest representing **Maine Adaptive Sports & Recreation** for the **Mission Moment** presentation on **Sunday, February 11th**. Join us to hear Kathy Kroll, who has been a part of Maine Adaptive for 29 years as volunteer & board member. Learn about this amazing non-profit and its mission as Maine’s leader in adaptive sports for those with all types of disabilities. Its purpose is to promote “year round education and training for individuals with disabilities,” including children, adults, and our veterans.” As a Navy vet, Kathy & her husband, Bob, also a Navy vet, have championed Maine Adaptive’s specialty program, **Veterans No Boundaries**, since its inception 20 years ago. Last week she helped put on its winter program in Newry for 22 vets & their families. All of the organization’s programs are provided at no cost. **Kathy & Bob will stay after for coffee & a chance to answer questions, sharing more about their experiences.**

UPDATES, REPORT OUTS, AND UPCOMING EVENTS (cont.)



course of 21 weeks, complete all attempted courses in the time allotted, and achieve a designated semester grade-point average. Credits from pass/fail classes do not qualify toward meeting the minimum credit hour requirement.

For 125 years, Husson University has prepared future leaders to handle the challenges of tomorrow through innovative undergraduate and graduate degrees. With a commitment to delivering affordable classroom, online and experiential learning opportunities, Husson University has offered quality educational programs in business; health and education; pharmacy studies; science and humanities; and communication. For more information about educational opportunities that can lead to personal and professional success, visit Husson.edu.

**Travelogues Continue:
We travel from Maine to Morocco**

In January, nine of us took a fascinating trip down the Penobscot with Susan and Clifford Gilpin and their indigenous guides. We learned a lot about the land that Maine's tribes call home. It was so fascinating that many were interested in how they could do this trip in the future. Thank you, Susan and Clifford!

On February 22 at 6:30 p.m. join Liz Ventre on a trip to Morocco. You will travel around the country only three weeks after the devastating earthquake.

You will travel much of the country and see its beauty and some of the devastation. I found it to be a fascinating adventure and I hope you do too.

Nico (pictured left) became a member of FCC in May of 2019, joining with his parents Toto Muteba and Mathurin Ngoy, as well as siblings Willy, Christina, and Alliance.



**FCC member Nico Mpemba named to
Husson University's Dean's List
for the Fall 2023 Semester**

The following article was recently posted on the Husson website:

Congratulations to Nico Mpemba of Biddeford, ME, who has been named to Husson University's Dean's List for the Fall 2023 semester of the 2023-2024 academic year.

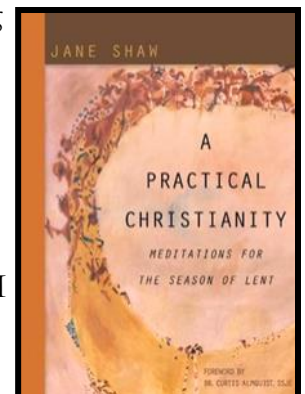
Mpemba is studying toward a degree in Legal Studies - Pre Law at Husson.

Full-time students who earn President's List, Dean's List and Honors List recognition must be enrolled as an undergraduate, carry a full-time load of 12 credit hours over the

Tuesday Morning Study Group

All are invited to join the Tuesday Morning Study Group **beginning February 13th at 9:00 a.m. for our Lenten read "A Practical Christianity" by The Rev. Jane Shaw**, "challenging readers to take up 'practical Christianity' - proposing Christian faith as something we do, not something we merely believe in. The starting point for Christianity lies within its practice, says the author, and not in the blind acceptance of a chunk of undigested doctrine." Sound interesting? The group meets via Zoom. FMI Liz Ventre @

eventrel@maine.rr.com



UPDATES, REPORT OUTS, AND UPCOMING EVENTS (cont.)



On February 4th, join Fellowship and CE for an all-ages craft of creating Valentine's card to send to various members of our community. We will provide the supplies and you bring your creative spirit. If you don't have confidence in your artistic prowess, but have legible handwriting, come address envelopes and add the greeting to the cards done by our youngest members. We see this as a win-win, for those of us who make them get to enjoy some time together doing a fun activity, and those who receive them, know that they are loved. **Please join us during coffee hour on February 4th** as the more people who come, the more we can send out and the more smiles there will be, both in the church basement as well as on the faces of those who are lucky enough to receive one, Valentine that is.

February Birthday Greetings

Aquarius ~ Despite the "aqua" in its name, Aquarius is actually the last *air* sign of the zodiac. Innovative, progressive, and shamelessly revolutionary, Aquarius is represented by the water bearer, the mystical healer who bestows water, or life, upon the land. Accordingly, Aquarius is the most humanitarian astrological sign. At the end of the day, Aquarius is dedicated to making the world a better place.

Theo Demetriou ~ 3

Christian Rodas ~ 7

Sandy Cushman ~ 11

Wendy Tracy ~ 13

Julia Tracy ~ 18

Pisces ~ The most intuitive, sensitive, and empathetic sign of the entire zodiac — and that's because it's the last of the last. As the final sign, Pisces has absorbed every lesson — the joys and the pain, the hopes and the fears — learned by all of the other signs. It's symbolized by two fish swimming in opposite directions, representing the constant division of Pisces' attention between fantasy and reality. A true zodiac gift.

Liz Ventre ~ 26

Let's do (a continental)

Breakfast Ladies!

Women of the church, members and friends

are invited to breakfast on

Wednesday, February 21, 2024 @

8:30 a.m.

in the FCC coffee area,

we'll provide the food,

you bring your appetite.

~ good food, good conversation ~

it's a great way to start your day!

Please RSVP to

deborah.gray48@gmail.com

or 952-4041 by February 19,

so we can plan accordingly.

See you there!

The Men's Breakfast...

will be gathering on

Saturday, February 10, 2024 @ 8:30

a.m.

at the church

An enjoyable repast and

lively discussions are always on the menu!

FMI John Bischof

jegbischof@gmail.com or 781-2391

The March edition of *Steeplenotes*
material submittal deadline is
Friday February 16, 2024

Submitted articles should be final and print ready,
pictures complete with captions in jpeg format can be
included.
Thank you.

UPDATES, REPORT OUTS, AND UPCOMING EVENTS (cont.)

“Rethinking Christianity’s Relationship to Nature” Program Launches Green Team’s Winter Series

“The history of Christianity is braided with many influences,” the Rev. Susan Gilpin described in her interactive January 17 program at church entitled “Where Did We Go Wrong? Rethinking Christianity's Relationship to Nature.”

The Old Testament, written perhaps in the 6th century BC, may describe God giving man dominion over all creation. Yet the early “keepers” and “tillers” of land during the reigns of Israelite Kings Saul, David and his son Solomon, when the Psalms were written, were instructed to nurture an intimate connection with the earth.

In her thoughtful presentation — the first of four programs hosted by the Green Team this winter — Susan highlighted Christians who contributed “earthy” strands to our faith tradition. During medieval times, Hildegarde of Bingen was taken to a Benedictine monastery at the age of 10 and though initially confined to a small cell, she grew into a mystic, poet, painter, composer, visionary and healer who extolled the greening and healing power of plants and nature.

St. Francis of Assisi, the charismatic monk who founded the Franciscan order in Italy, became the patron saint of animals and a respectful, familial relationship with all life. He is credited with creating the first live nativity scene in 1220, honoring an ox and donkey present at Jesus’ birth in a stable in Bethlehem.

Pope Francis took his name when he assumed leadership for today’s Roman Catholic Church and recently repudiated the Catholic Doctrine of Discovery issued by Pope Alexander the Sixth in 1493. The doctrine gave European explorers and settlers and 19th century America claim to conquer, Christianize and profit from the land, natural resources and indigenous people in North and South America.

The educational series continues on Wednesday, February 7 with a presentation by Fred Horch of the non-profit *Sustainable Practice* on “Best Practices to Make Your Home Greener.” The program begins at 6:30 p.m. immediately following the 6 p.m. evening prayer service.

On March 17, The Rev. Dr. Allen Ewing-Merrill will join us on Sunday, March 17, starting at 11:00 a.m. to present his postponed program “Cultivating Hope and Resilience in an Age of Eco-Anxiety.” Allen is the Executive Director of the BTS Center in Portland and co-founded HopeGateway Church in Portland with his wife the Rev. Sarah Ewing-Merrill.

In January, FCC member, The Rev. Susan Gilpin opened the Green Team series “More Ways to Love the Earth.”



Portland digital agency hosts video shoot at The Foreside Community Church

On Friday January 19th, the flyte new media marketing team gathered at The Foreside Community Church for a day of filming with scripts and donuts in hand. They were joined by the film crew of Knack Factory, a local video production agency who brought softbox lights, boom mics, cameras and more.

Their goal was to transform the often-dull subject of digital advertising into something fun. The church’s downstairs was the perfect setting for the fabricated “Google Ads Support Group,” and while the flyte team aren’t trained actors by any means, they really got into their roles! They wrapped up filming with just four takes and are excited for the video to be finalized in the next few months.

Church member, and FCC Nursery Care Assistant, Adey Wrona wishes to share that she will be performing at the **Maine State Ballet January 27 through February 3, performing twice at each showing.** MSB's website notes: *"Each show will deliver an evening of Broadway style song and dance routines for the whole family. This annual show is a real crowd pleaser, guaranteed to shake off the winter blues."* WOW Adey! More information and ticket sales can be accessed at the following: <https://www.mainestateballet.org/tap-tap-jazz>

UPDATES, REPORT OUTS, AND UPCOMING EVENTS (cont.)

Feeling confused about what goes into recycling, compost or regular trash at church or at home? **The Green Team** has produced some two-sided posters you'll find around church to offer guidance.



Here are a few rules....

1) Downstairs, remember "Anything that Grows, Goes" into our Garbage to Gardens compost bin in the kitchen. This includes food scraps, paper napkins, paper towels, paper cups without plastic lining, wooden stirring sticks, coffee grounds — essentially most of our Coffee Hour waste. Tea bags, too, but without their strings and staples which go into the regular garbage.

2) Please toss returnable cans and bottles into the green CLYNK bag in the box just outside the kitchen, under the counter. We get 15¢ refunded on spirits and wine beverage containers, and 5¢ refunded for every other beverage containers. All the proceeds go to the Falmouth Food Pantry.

3) As at our homes, please help us separate out for recycling paper, metal cans, glass jars and #1 - #7 plastics including water bottles. Paper products include newspapers, paper bags, clean paper plates and clean pizza boxes. All this goes into the blue recycling bins just outside the kitchen. Look for the recycling symbol on the bottom of items to be sure they can be recycled.

4) The big no-no's — no food, no liquids, no Styrofoam cups, no plastic bags and no plastic wrap or wax paper will be accepted for recycling and belong in the regular garbage cans. Pine Tree with whom we contract to haul away our trash and recycling will not take our recycling if it contains plastic bags or plastic wrap, food or liquids.

Thanks so much for your cooperation., for additional guidance about church and home recycling and composting, visit these websites:

https://www.falmouthme.org/sites/g/files/vyhlf556/f/uploads/eco_me_red_green_dodont_updated_feb_2019.pdf

www.garbagetogardens.org.

“More Ways to Love the Earth”

The Next in the Four-Week Series

Wednesday, February 7:

Green and Healthy Homes

Presenter Fred Horch of Sustainable Practice, a new Maine non-profit educational group — <https://sustainablepractice.life/> — will discuss other practical “pathways to sustainable” lifestyles and the best practices that support a healthy environment.

Each program will follow our 6 p.m. Evening Prayers service.

In the event of a snow cancellation, we have reserved Wednesday, February 21.

For more information, contact Janette Gustafson, rg787878@hotmail.com

February 2024

Be sure to check the calendar at The Foreside Community Church 's website
www.foresidechurch.org for any updates or changes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 9:30 hybrid service (see pg. 3 for details) Join everyone at coffee For Valentine Crafting (see pg. 7)	5 7 p.m. Pastoral Relations Mtg. (Zoom)	6 9 a.m. Tues Study Grp 12 p.m. Knitters 6:15 p.m. Choir 6:45 p.m. AA 7:15 p.m. Bells	7 6:00 p.m. Evening Prayer 6:30 p.m. Green Team Series (pg. 9)	8 9 a.m. Bells of Casco Bay 6 p.m. AA 7:00 p.m. Stewardship Mnthly Mtg.	9 9 a.m. Bells of Casco Bay 6 p.m. AA	10 8:30 a.m. Men 's Monthly Breakfast (see pg.7)
11 9:30 hybrid service (see pg. 3 for details) Mission Moment Maine Adaptive (see pg. 5)	12	13 9 a.m. Tues Study Grp 12 p.m. Knitters 6:15 p.m. Choir 6:45 p.m. AA 7:15 p.m. Bells	14 6:00 p.m. Ash Wed- nesday Service	15 9 a.m. Bells of Casco Bay 6 p.m. AA	16 Staff on PTO office closed Deadline for March Steeplenotes material into office	17
18 9:30 hybrid service (see pg. 3 for details) No Sunday School	19 President's Day office closed 7:00 p.m. Governing Brd. Mnthly Mtg.	20 9 a.m. Tues Study Grp 12 p.m. Knitters 6:15 p.m. Choir 6:45 p.m. AA 7:15 p.m. Bells	21 8:30 a.m. Women's Breakfast (see pg. 7) 4:00 p.m. FCC Book Club (see pg. 5) 6:00 p.m. Evening Prayer	22 9 a.m. Bells of Casco Bay 6 p.m. AA 7 p.m. Travelogue (see pg. 6)	23	24
25 9:30 hybrid service (see pg. 3 for details)	26	27 9 a.m. Tues Study Grp 12 p.m. Knitters 6:15 p.m. Choir 6:45 p.m. AA 7:15 p.m. Bells	28 6:00 p.m. Evening Prayer	29 9 a.m. Bells of Casco Bay 6 p.m. AA		
				1	2	3

Daily Lectionary Readings for February 2024

Thurs., Feb. 1

Psalm 147:1-11, 20c
Proverbs 12:10-21
Galatians 5:2-15

Fri., Feb. 2

Psalm 147:1-11, 20c
Job 36:1-23
1 Corinthians 9:1-16

Sat., Feb. 3

Psalm 147:1-11, 20c
Isaiah 46:1-13
Matthew 12:9-14

Sun., Feb. 4

Isaiah 40:21-31
Psalm 147:1-11, 20c
1 Corinthians 9:16-23
Mark 1:29-39

Mon., Feb. 5

Psalm 102:12-28
2 Kings 4:8-17, 32-37
Acts 14:1-7

Tues., Feb. 6

Psalm 102:12-28
2 Kings 8:1-6
Acts 15:36-41

Wed., Feb. 7

Psalm 102:12-28
Job 6:1-13
Mark 3:7-12

Thurs., Feb. 8

Psalm 50:1-6
1 Kings 11:26-40
2 Corinthians 2:12-17

Fri., Feb. 9

Psalm 50:1-6
1 Kings 14:1-18
1 Timothy 1:12-20

Sat., Feb. 10

Psalm 50:1-6
1 Kings 16:1-7
Luke 19:41-44

Sun., Feb. 11

2 Kings 2:1-12
Psalm 50:1-6
2 Corinthians 4:3-6
Mark 9:2-9

Mon., Feb. 12

Psalm 110:1-4
Exodus 19:7-25
Hebrews 2:1-4

Tues., Feb. 13

Psalm 110:1-4
Job 19:23-27
1 Timothy 3:14-16

Wed., Feb. 14

Ash Wednesday
Joel 2:1-2, 12-17 or
Isaiah 58:1-12
Psalm 51:1-17 2 Corinthians
5:20b—6:10
Matthew 6:1-6, 16-21

Thurs., Feb. 15

Psalm 25:1-10
Daniel 9:1-14
1 John 1:3-10

Fri., Feb. 16

Psalm 25:1-10
Daniel 9:15-25a
2 Timothy 4:1-5

Sat., Feb. 17

Psalm 25:1-10
Psalm 32
Matthew 9:2-13

Sun., Feb. 18

Genesis 9:8-17
Psalm 25:1-10
1 Peter 3:18-22
Mark 1:9-15

Mon., Feb. 19

Psalm 77
Job 4:1-21
Ephesians 2:1-10

Tues., Feb. 20

Psalm 77
Job 5:8-27
1 Peter 3:8-18a
Wed.,

Feb. 21

Psalm 77
Proverbs 30:1-9
Matthew 4:1-11

Thurs., Feb. 22

Psalm 22:23-31
Genesis 15:1-6, 12-18
Romans 3:21-31

Fri., Feb. 23

Psalm 22:23-31
Genesis 16:1-6
Romans 4:1-12

Sat., Feb. 24

Psalm 22:23-31
Genesis 16:7-15
Mark 8:27-30

Sun., Feb. 25

Genesis 17:1-7, 15-16
Psalm 22:23-31
Romans 4:13-25
Mark 8:31-38 or
Mark 9:2-9

Mon., Feb. 26

Psalm 105:1-11, 37-45
Genesis 21:1-7
Hebrews 1:8-12

Tues., Feb. 27

Psalm 105:1-11, 37-45
Genesis 22:1-19
Hebrews 11:1-3, 13-19

Wed., Feb. 28

Psalm 105:1-11, 37-45
Jeremiah 30:12-22
John 12:36-43

Thurs., Feb. 29

Psalm 19
Exodus 19:1-9a
1 Peter 2:4-10



STEEPLENOTES

A Newsletter of

The Foreside Community Church, UCC

General Office Hours:
Monday through Friday
9:00 a.m. to 4:00 p.m.

or unless otherwise posted

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