



# FORESIDE COMMUNITY CHURCH

Connecting to God

Nurturing Community

Discovering our Callings

February 5, 2023

Fifth Sunday of Epiphany

## WELCOME AND ANNOUNCEMENTS

### PRELUDE

*Draw Us in the Spirit's Tether*

Harold Friedell

## GATHERING IN WORSHIP

One: Through God's eternal love

Many: **All creation comes into being.**

Through Christ's call to our lives

**We are woven together into one body, one community.**

Through the one Spirit

**We are blessed with a variety of gifts for the common good.**

Created and loved, called and united, gifted and blessed,

**Let us come together with joy, giving thanks and praise to God!**

### \* HYMN

*I Come with Joy*

Red Hymnal, #313

**I come with joy, a child of God, forgiven,  
loved and free, the life of Jesus to recall, in  
love laid down for me, in love laid down for me.**

**I come with Christians far and near to find, as  
all are fed, the new community of love in  
Christ's communion bread, in Christ's communion bread.**

**As Christ breaks bread, and bids us share, each proud di-  
vision ends. The love that made us, makes us one, and  
strangers now are friends, and strangers now are friends.**

The Spirit of the risen Christ, unseen, but  
ever near, is in such friendship better known, a-  
live among us here, a live among us here.

Together met, together bound by all that  
God has done, we'll go with joy, to give the world the  
love that makes us one, the love that makes us one.

**\* OPENING PRAYER**

Let us pray together:  
Holy God, in Christ, you have shown us light.  
Let us see ourselves and our world clearly,  
That we may shine ourselves:  
offering signs of your presence and promise  
to friends, neighbors, and strangers.  
May we, like salt and light,  
be a seed for your transformation of the world.  
Amen.

**ANTHEM**

*Higher Ground*

Gabriel  
arr. Carter

**SCRIPTURE**

*Matthew 5:13-20*

**SERMON**

*Seasoned*

The Rev. Geoff Parker

**OFFERING OUR GIFTS TO THE SERVICE OF GOD**

*Electronic gifts may be shared here:*

<https://www.foresidechurch.org/index.php/giving/> or by pointing your  
phone's camera at the image to the right and clicking on the link displayed.



**Offertory Anthem**

**\* Doxology**

Praise God from whom all blessings flow;  
Praise God, all creatures here below;  
Praise God for all that love has done;  
Creator, Christ, and Spirit, One. Amen.

## **\* Blessing of the Gifts**

### **SACRAMENT OF HOLY COMMUNION**

#### **Invitation to the Table**

Christ called disciples salt and light:  
shining in and seasoning the world around them.  
Like them, may we gather at this table to receive God's grace  
And show God's love, as Christ has taught us, by saying:  
**'I give you a new commandment, that you love one another.  
Just as I have loved you, you also should love one another.  
By this everyone will know that you are my disciples,  
if you have love for one another.'**

#### **Silent Confession**

#### **Communion Prayer**

May God be with you.  
**And also with you.**  
Lift up your hearts!  
**We lift them up to God.**  
Let us give thanks to God most High.  
**It is right to give our thanks and praise.**

*The prayer continues...*

#### **The Lord's Prayer**

**...Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom and the power and the glory forever. Amen.**

## Sharing God's Gifts

*All communion bread is gluten free, and all cups contain alcohol-free juice.  
Please hold the elements until the pastor invites us to partake as one.*

### \* Giving Thanks

**God of our ancestors, and of every generation: in bread and cup you have shown us again that we are one in the welcome and grace of Jesus. By your Spirit, send us out to show the justice and joy of this feast, rejoicing in your love and sharing your light. Amen.**

### \* HYMN

*You Are Salt for the Earth, O People*

Black Hymnal #181

**You are salt for the earth, O people: salt for the reign of God!  
Share the flavor of life, O people: life in the City of God!  
(refrain)**

**You are a light on the hill, O people: light for the City of God!  
Shine so holy and bright, O people: shine for the City of God!  
(refrain)**

**You are a seed of the Word, O people: bring forth the reign of God!  
Seeds of mercy and seeds of justice, grow in the City of God!  
(refrain)**

**We are a blessed and a pilgrim people: bound for the reign of God!  
Love our journey and love our homeland: love is the City of God!  
(Refrain)**

**(Refrain)**  
*Bring forth the reign of mercy, bring forth the reign of peace;  
Bring forth the reign of justice, bring for the City of God!*

## **\* BLESSING AND SENDING**

### **POSTLUDE**

*Now Let Us from This Table Rise*

*Draw Us in the Spirit's Tether* – Text: Percy Dearmer © 1931 Oxford University Press

Music: Harold Friedell © 1960 H.W. Gray, Inc Admin. Warner Bros.

*Ecce Ancilla* – Text and Music: Michael John Trotta © 2020 Hampton Roads Music Group, LLC

*You Are Salt for the Earth, O People* – Text and Music: Marty Haugen © 1986 G.I.A. Publications, Inc.

*Lead Me, Lord* – Text and Music: John Becker © 1987 OCP

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### **Today's Ministers of Worship:**

Joan Murray and Bob Murray

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The Rev. Geoff Parker, Pastor  
Trevor Lavenbein, Choir Director  
David Bartoletti, Organist/Accompanist  
Christina Sklarz, Office Manager

**The Rev. Geoff Parker - 207-370-7275**  
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*An Open and Affirming Congregation*



## ANNOUNCEMENTS

### **Reminder of Covenant of Care regarding COVID-19**

Last week, the church received notification from a congregant who experienced some mild symptoms and later tested positive for COVID-19 after worship on Sunday, January 29th. We give thanks for the thoughtfulness and care shown by informing the church office, checking with pew neighbors, and the information that their household was wearing a mask throughout worship. This considerate and concerned sharing serves as a good reminder to us all to:

- **be vigilant in monitoring ourselves for symptoms,**
- **refrain from attending worship if in any way feeling unwell,**
- **test occasionally if feeling ill,**
- **inform the church if you fall ill or test positive after attending worship or other programs,**
- **consider wearing a mask in worship to protect yourself or others in our care.**
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***The Green Team's*** series "***Four Ways to Love the Earth***" concludes this coming week on **Wednesday, February 15 @ 6:30 p.m.** Author and educator Sue Inches will present "Advocating for the Environment: How to Gather Your Power and Take Action." The location is FCC's large classroom upstairs.

FYI Susan Clark [susanmannclark@gmail.com](mailto:susanmannclark@gmail.com)

**Please consider** teaming up with a friend or two and **host a Sunday coffee hour.** Supplies and coffee making instructions are provided. There are many among the Sunday service attendees who look forward to this additional social time with the congregation. FMI Carrie Penrose @ [carriepenrose@gmail.com](mailto:carriepenrose@gmail.com).

## THIS WEEK'S CALENDAR

**Sunday, February 5:**

**9:30 a.m.** Sunday Worship (Sanctuary and Online),  
*followed by Fellowship Coffee Hour downstairs.*  
**4:00 p.m.** Foreside-Falmouth Youth Group  
And Confirmation Class (Fellowship Hall)

**Monday, February 6:**

**3:45 p.m.** Justice & Outreach Meeting (Zoom)

**Tuesday, February 7:**

**9:00 a.m.** Tuesday Study Group (Zoom)  
*Read Ruth, chapter 2 (See Weekly Update for details)*  
**12:00 p.m.** Knitting Group (Classroom)  
**6:15 p.m.** Chancel Choir Rehearsal (Sanctuary)  
**6:45 p.m.** AA Meeting (Fellowship Hall)  
**7:15 p.m.** Bell Choir Rehearsal (Sanctuary)

**Wednesday, February 8:**

**6:00 p.m.** Evening Prayer (Sanctuary)  
**6:30 p.m.** Green Team Presentation (Classroom)  
*Please see "ANNOUNCEMENTS" for details.*

**Thursday, February 9:**

**9:00 a.m.** Bells of Casco Bay (Sanctuary)

**Saturday, February 11:**

**9:00 a.m. – 2:00 p.m. Why Church?**  
**All Church Conversation** (St. Mary's Great Hall)  
*Coffee and gathering time at 8:30 a.m.*  
*Lunch will be served.*

**Please contact the church office at 781-5880 if you require transportation.**

**Sunday, February 12:**

**9:30 a.m.** Sunday Worship (Sanctuary and Online),  
*followed by Fellowship Coffee Hour downstairs.*